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Governance, Risk & Compliance Consultants

ISO 45001 GUIDELINES

INTRODUCTION:

ISO 45001 is an international standard that provides guidelines for establishing, implementing, and maintaining an Occupational Health and Safety Management System (OHSMS). The purpose of ISO 45001 is to assist organizations in managing and improving their occupational health and safety performance to prevent work-related injuries and illnesses.

OVERVIEW OF ISO 45001 GUIDELINES:

> **Understand the Standard:**
Begin by thoroughly reading and understanding the ISO 45001 standard. Familiarize yourself with its requirements and principles.

> **Identify Applicable Requirements:**
Determine which specific ISO 45001 requirements are relevant to your organization's products and services.

> **Get Leadership Buy-In:**
Gain support from top management for the ISO 45001 implementation process. Their commitment is crucial for success.

> **Define OHS objectives:**
Define clear and achievable occupational health and safety objectives that align with your organization's mission and strategic goals.

> **Map Your Processes:**
Identify and document the key processes within your organization. Understand their interconnections and impact on health and safety performance.

> **Develop OHS Policies:**
Establish occupational health and safety policies that fulfills ISO 45001 requirements and ensuring a safe working environment.

> **Train Your Team:**
Ensure that all employees are aware of ISO 45001 and receive appropriate training to fulfill their roles effectively.

> **Document Procedures:**
Create and maintain documented procedures that describe how processes should be performed to meet ISO 45001 standards and ensure the safety of employees.

> **Implement Risk Controls:**
Implement measures to identify, assess, and control risks related to occupational health and safety to ensure a safe workplace for employees.

> Conduct Internal Audits:
> Regularly conduct internal audits to evaluate compliance with ISO 45001 and identify areas for improvement in the occupational health and safety management system.

> Address Non-Conformities:
> When non-conformities are identified, take corrective and preventive actions to resolve them and prevent their recurrence.

> Monitor and Measure:
> Continuously monitor and measure the performance of occupational health and safety processes to assess their effectiveness and compliance with objectives.

> Seek Certification:
> If desired, engage with a certification body to undergo an external audit for ISO 45001 certification.

> Maintain and Improve:
> Treat ISO 45001 as an ongoing commitment, seeking opportunities for continual improvement in occupational health and safety performance and processes.

> Document Everything:
> Maintain thorough documentation of your ISO 45001 implementation efforts, audits, corrective actions, and improvements made to the occupational health and safety management system.

Remember, ISO 45001 provides a flexible framework that can be adapted to suit the unique needs and risks of your organization, emphasising a proactive approach to occupational health and safety.